



Dr. Charles Best Secondary Newsletter

Issue #2 – September 22, 2026

2525 Como Lake Avenue, Coquitlam, BC V3J 3R8 604-461-5581

Website: [Charles Best School](#)

Principal – David Cyr

Vice-Principals – Jennifer Nelson, Tara Sutherland, and Michael Viveiros

Our school goal is to develop a culture of connectedness and belonging within the school, among school staff, students, and our parent community, in order to enhance opportunities for collaborative partnerships.

UPCOMING EVENTS

Wednesday, September 23

Clubs Day | Community Resource Fair (All Welcome)

Thursday, September 24

Grade 9 Parent Night 7:00pm

Friday, September 25

District Pro D Day (students do not attend)

Monday, September 28 @ 11:59pm

Online store closes for school merchandise

Tuesday, September 29

**Orange Shirt Day – Assembly Bell Schedule
(see below)**

Senior Sail 3:30pm

Wednesday, September 30

Truth & Reconciliation Day Stat. - No School

Grade 12's please check your September 17th Grad Newsletter #1 for important upcoming deadlines

Tuesday, October 6

PAC Meeting @ 7pm in Library (All parents welcome)

Wednesday, October 7

G.12 Scholarship Meeting #1 @ 3:30pm – Library

Monday, October 12

Thanksgiving Day (School not in session)

Tuesday, October 13

Photo Retake Day

Wednesday, October 14

G. 9 Immunizations

Friday, October 16

Terry Fox Run (Assembly Bell Schedule)

COMMUNITY RESOURCE FAIR WEDNESDAY, SEPTEMBER 23

Don't miss this amazing event coordinated by Heather Bjornson (Charles Best Youth Worker) and

Michelle Jacobsen (Peer Coordinator with the Tri-Cities Community Action Team.

We have 17 confirmed invaluable associations participating this day. Please click on the links to learn more.

This event is open to ALL families of Dr. Charles Best so please come by and learn more about the amazing resources available in the Tri-Cities. (times TBD-check our website calendar for updates)

Foundry. <https://foundrybc.ca/centre/tri-cities/>

Access Youth <https://accessyouth.org/>

TC CAT <https://tri-citiescat.ca/>

NaloxHome <https://naloxhome.com>

Tri-Cities Pride <https://tricitiepride.ca/>

Spirit of the Children <https://sotcs.ca>

Act 2 <https://www.act2.ca>

YMCA youth programming <https://www.ymcabc.ca/youth-support>

Next Steps <https://ywcabc.org/nextstep>

Work BC <https://www.workbc.ca/plan-career/resources/youth>

IRAYAL. <https://pcrs.ca/our-programs/inter-regional-at-risk-youth-link-irayl/>

Vancity [https://www.vancity.com/contact-us/find-branch-atm/branches/burquitlam-community-branch-](https://www.vancity.com/contact-us/find-branch-atm/branches/burquitlam-community-branch-74?gclid=aw.ds&gad_source=1&gad_campaignid=12645563700&gbraid=0AAAAACUYQbw1WYTEEijru1gnEXsG4O2b)

[74?gclid=aw.ds&gad_source=1&gad_campaignid=12645563700&gbraid=0AAAAACUYQbw1WYTEEijru1gnEXsG4O2b](https://www.vancity.com/contact-us/find-branch-atm/branches/burquitlam-community-branch-74?gclid=aw.ds&gad_source=1&gad_campaignid=12645563700&gbraid=0AAAAACUYQbw1WYTEEijru1gnEXsG4O2b)

RCMP <https://rcmp.ca/en/bc/coquitlam/community-policing-and-volunteer-programs>

Moving Forward <https://movingforward.help/>

Yo Bro, Yo Girl <https://ybyg.ca>

City of Coquitlam youth programming <https://www.coquitlam.ca/476/Youth-Programs-and-Services>

Coquitlam Express <https://www.coquitlamexpress.ca/>

SCHOOL ONLINE STORE

If you missed the email sent home on Wednesday, September 9th, please check out the information below about our online school merchandise store. The store is only open for a limited time so don't miss out!

- **Orders will be accepted online only until: Monday, Sept 28, 2026, at 11:59PM PDT**
- Orders are expected to be available for pick up at the school at the end of October.
- Please don't delay - costs go up if you miss out on this order!

Store Link for both general student clothing AND Grad clothing:

[Charles Best Grad Wear and Spirit Wear](#)

GRADE 9 PARENT INFORMATION NIGHT

On **Thursday, September 24th** we will host our grade 9 parent information night. The event will run from 7-8:30pm and begin in our large gym. You will have an opportunity to tour the school under the guidance of our leadership students and meet the counselling team here at Charles Best. Information is sent home regularly to our community, so if you are unable to join, please check our regular newsletters, website and social media posts for updated information.

GRADE 9 IMMUNIZATIONS-SAVE THE DATES

Mark your calendar! Fraser Health will be onsite to conduct three immunization clinics for our grade 9 students. Please provide consent at immunizationconsent.gov.bc.ca as soon as you can. Otherwise, paper consent forms will be distributed to students at the beginning of October. For more information, visit fraserhealth.ca/youthimmunizations or call Tri cities Public Health Unit at 604-949-7251.

The three clinic dates will occur on the following dates:

- Wednesday, October 14, 2026
- Wednesday, November 4, 2026
- Thursday, April 22, 2027
- Friday, May 21, 2027

ORANGE SHIRT DAY

We will be running our assembly bell schedule on **Tuesday, Sept. 29** to support Truth and Reconciliation Day at Dr. Charles Best. We would like to see a "sea of orange" at this year's assembly to demonstrate support towards our invited guests, survivors of Residential school and the performers, The Wild Moccasin Dancers.

T - shirts will be sold in the front foyer from Sept. 21 to Sept. 29 for 15\$ each.

All proceeds will be given to the IRSSS (Indian Residential School Survivor Society).

<u>Assembly Bell Schedule</u>		
<u>Period</u>	<u>Start</u>	<u>Finish</u>
1	8:20 am	9:24 am
2	9:29 am	10:33 am
Assembly	10:39 am	11:39 am
3	11:44 am	12:48 pm
4	12:53pm	1:58 pm
5	2:02 pm	3:06 pm

REMINDER ABOUT REPORTING STUDENT ABSENCES/LATES/EARLY DISMISSAL

The office is the first point of contact to update the school regarding absences, late arrivals, or early dismissals. The preferred method is to email charlesbestattendance@sd43.bc.ca or click on the 'Report an Absence' button on our website homepage. Alternatively, you can call us at 604-464-5581.

Please contact the school BEFORE 3pm if you're contacting us about a same day absence.

Please include the following information in your email:

- Student first and last name (especially if last name is different from parent/guardian)
- Date(s) of absence/late arrival/early dismissal
- Reason ie: illness, parent excused, appointment, late (include approximate arrival time), early dismissal (include dismissal time).

If a student is arriving late to class, they must check in with the teacher so their attendance can be updated.

STAY CONNECTED TO OUR SCHOOL

- [Our Website](#) is the best place to start for calendars, daily announcements, newsletters, submitting absences, programming info, important documents, and lots more.
- Ensure your email is up to date. We distribute newsletters approximately every 2 weeks during the school year. If you notice you haven't received school news, please check your junk folder or call the office.
- Download the [MySchoolDay App](#) on your iPhone or Android device (instructions attached), which serves as a digital calendar, agenda, student planner, daily bell schedule calendar, and a way to receive important push notifications and announcements. Parents are very much encouraged to download the APP as well, so important notifications are received. Be sure to say 'yes' to push notifications!
- Instagram: we have accounts for the school, our PAC as well as athletics!

STAY CONNECTED WITH OUR SCHOOL DISTRICT

We encourage all members of our school community to stay informed and engaged by following our district's social media pages.

Get the latest updates on school events, student achievements, important announcements, and more!

[Follow us on Facebook @sd43bc](#), [Instagram @schooldistrict43](#) , [X formerly Twitter @sd43bc](#)

ACADEMIC HONESTY

At Dr. Charles Best Secondary, we believe that academic honesty is fundamental to learning, personal growth, and the development of individual character.

We expect all students to submit authentic work that reflects their own ideas and understanding while appropriately acknowledging the ideas and contributions of others. Academic dishonesty includes behaviours such as plagiarism, cheating, collusion (allowing others to copy work), duplication of work submitted in multiple courses, and the inappropriate use of artificial intelligence or other tools to complete assignments. Academic dishonesty undermines the learning process and is considered a violation of our school's Code of Conduct.

Our goal is to help students understand the value of honesty, take responsibility for their learning, and develop the ethical habits that will serve them throughout their lives.

HONOURS STANDING CRITERIA

As we begin the year, we would like to share the criteria and timeline for Honours standing (Honour Roll, Honour Cord, and Honours with Distinction) at École Dr. Charles Best.

Honours standing, for grades 10 – 12, is calculated using the **final grades** for Semester 1 and the grades earned at **mid-term** in Semester 2, which takes place in **April 2027**. This practice of using mid-term marks is consistent across the district. Full year classes use end of Semester 1 marks only.

Honours standing is calculated using classes that are completed at École Dr. Charles Best, which means that online and summer school classes are not included. We are sharing this information now, so that parents and students are aware of the criteria, the timeline, and can plan accordingly. Students should establish good work habits and talk to their teachers early if Honours standing is a goal. These proactive steps will help prevent disappointment when Honours standing is calculated in May 2027.

Grade 10 and 11 Years	Grade 12 Year
HONOUR ROLL • Best 8 courses at École Dr. Charles Best • 73% or greater • Semester 1 Final marks and Semester 2 Mid-Term/Quarter 3 (April) marks are used to calculate Honours Standing; Full Year classes use Semester 1 Final marks	HONOUR ROLL • Best 8 courses including Career Life Connections 12 at École Dr. Charles Best • 73% or greater • Semester 1 Final marks and Semester 2 Mid-Term/Quarter 3 (April) marks are used to calculate Honours Standing; Full Year classes use Semester 1 Final marks HONOUR CORD • Best 8 grade 11 and best 8 grade 12 courses at École Dr. Charles Best • 73% or higher
HONOURS WITH DISTINCTION Grades 10 – 12 • Best 8 courses at École Dr. Charles Best • 86% or greater in Semester 1 Final marks and Semester 2 Mid-Term/Quarter 3 (April) marks; Full Year classes use Semester 1 Final marks	

YEARBOOKS

Every year the yearbook sells out so don't delay purchasing yours.

The cost is \$55 and is currently available on School CashOnline accounts. <https://sd43.schoolcashonline.com/>

We say this every year – DON'T MISS OUT!!!!

FORM REMINDERS

Most forms and fees will be completed via School CashOnline accounts here <https://sd43.schoolcashonline.com/> or by clicking on 'Parent E-Forms' on our website homepage. Forms include school Policy, School Volunteer form, Volunteer Driver Application.

Emergency Release forms: sent home with Grade 9 students on September 3 and will be sent home with Grade 10-12 students on September 8th. We are requesting these be **returned no later than Friday, September 11**, so we have the most up to date information possible in the event of an emergency.

Student Information Verification forms will be published to Parent MYED portals for review closer to the end of September. Information coming soon!

Medical Forms: It is extremely important we have the most up to date information for students **ASAP** with medical or life-threatening alerts **EACH YEAR**. Parents, please navigate to our school website homepage to find these important forms under 'Parent E-Forms'. Please fill out applicable forms as soon as possible and have the forms returned to the office so we have the most up to date information for our staff. Thank you for helping us with this!

BEST CAREER CENTRE NEWS Follow our Career Centre on Instagram [@bestcareercentre](#)

Ms. Kaufmann at the Career Office is available to help students in all grades with any questions related to volunteer opportunities, post-secondary programs and the admissions process as well as scholarship opportunities.

Students can drop-in Monday to Friday, 9 am to 3.30 pm. Students can also get help with the Student Transcript Service, the self-reporting process, scholarships, and more. Parents can contact Ms. Kaufmann at skaufmann@sd43.bc.ca (If parents want to meet with me, please do schedule an appointment.)

Check out the [Career Centre website](#) for the latest updates on upcoming post-secondary events, scholarship deadlines, and other resources. In addition to recruiting events taking place at CBSS, many colleges and universities will be offering program-specific info sessions, application workshops, and open houses. Check back often.

OPPORTUNITIES FOR ALL STUDENTS

VOLUNTEER AT THE PORT MOODY FALL FAIR

The Port Moody Foundation is looking for enthusiastic, dependable high school students to help with various family-friendly activities on **Saturday, September 26**, 9 am – 3 pm.

Must also be available for a volunteer orientation on Sat, September 19.

Volunteer confirmation will be provided. [Sign up here.](#)

MARINE CAREERS EXPO

Government of Canada organizations, marine employers, and educational institutions will be at The Shipyards, North Vancouver, on **Sat, September 26**. Hosted in partnership with the Royal Canadian Navy, the Canadian Marine Careers Foundation, and the Canadian Coast Guard, the Expo features interactive exhibits, engagement with marine professionals, and opportunities to explore careers on the water. Discover pathways that align with your interests, including direct-to-work opportunities, skilled trades, college programs, and university studies.

[More info.](#)

POST SECONDARY EVENTS

UNIVERSITY OF TORONTO – START HERE WEBINAR

This event is designed to help you understand the undergraduate application process. Whether you are planning on applying to university this year, or considering applying in the next few years, START HERE is a great place to begin your research. **Wed, Sept 30**, 6-7 pm Eastern time. [Register](#)

DOUGLAS COLLEGE NURSING FOUNDATIONS PROGRAM

This is a limited enrolment program. Last year, applications were only accepted until mid-October. Expect that the program will reach capacity limits around the same time this year. For the best chances, plan to apply right away on **October 1**. For questions, see Ms. Kaufmann. [More info.](#)

UNIVERSITY OF ALBERTA – APPLICATION WORKSHOP

Are you thinking about applying to the University of Alberta for Fall 2027? **Applications open on Oct. 1, 2026!**

Learn how to submit a successful application for admission. The session will walk you through each step of the application process and will address the most common questions. After the presentation, you'll have the chance to get your specific questions answered by a U of A Advisor. [Register to attend.](#)

EXPLORE UBC SAUDER

Interested in studying business at UBC? Join this on-campus session to learn more about the BCom and the dual Bachelor + Master of Management degrees. Connect with the admission team, advisors, current students, experience a sample lecture, and tour the Sauder building. Lunch & refreshments provided. **Sat, October 3**, 9 am – 1 pm. [Register.](#)

UNIVERSITY OF WATERLOO – APPLICATION WORKSHOP

Learn everything you need to know about applying to Waterloo. Get walked through the process of applying, receive tips for a strong application, and get answers to any questions you have. **Tue, October 6**, 5 pm Pacific Time. [Register](#)

BCIT BIG INFO NIGHT

Big Info is the largest program expo and open house at BCIT. It's your chance to find out about all the programs – from business and media, computing and IT, engineering, health sciences, trades and apprenticeships, to applied and natural sciences. Explore the Burnaby campus and connect with program advisors and faculty reps. **Wed, October 14**, 4-7 pm. [Sign up](#) for a chance to win a tuition voucher.

SFU PRO D DAY EVENTS FOR FUTURE APPLICANTS (FRIDAY, OCTOBER 23)

- **SFU ENVIRONMENT DISCOVERY DAY:** Join professors and students at the Burnaby campus for a free, fun and informative event on **Friday, October 23**. You can [sign up](#) for 2 different hands-on mini lectures and lab activities that will give you a glimpse of what the Faculty of Environment is all about and where this program could take you. You will be surprised. Free lunch included.
- **DISCOVER SFU BEEDIE:** From hands-on learning to developing connections, this event is your backstage pass to one of Canada's top business schools. Experience a real university lecture, engage in a live student panel, compete in a mini business pitch competition, and enjoy a free lunch at the SFU Dining Commons. **Deadline to [apply](#) is October 5!**

ATHLETICS



Dr. Charles Best Secondary Athletics
Home of the Blue Devils
@charlesbestscho
charlesbestathletics.weebly.com



For secondary sport updates and information...



@cssaasd43

[Follow Charles Best Athletics on Instagram here](#)

SENIOR BOYS BASKETBALL TRYOUTS

Sr. boys Basketball tryouts will take place on **Wednesday and Thursday @7:30pm** in the big gym for Gr. 11's and 12's. Any Gr.9's and 10's who think they have the skills and abilities to compete at the Sr. level, contact Coach Daniel. If you cannot make the tryouts for some reason, contact coach Daniel as well. daniel@3dbasketball.net

PAC CORNER

Please view the attached PAC Newsletter to see this news and more!

PAC General Meeting: we are holding our first General Meeting of the PAC on **Tuesday, October 6, 7pm** in the Best Library, all are welcome.

Meridian Farm Market Fundraiser Sept 18 to Oct 16 - the PAC is launching our first fundraiser of the year to raise funds for the new presentation screen in the gym *and* help families with one of the biggest challenges of the school year: what to make for supper! Meridian has everything you need: meat, seafood, produce, deli, baking etc. and they deliver to your door! It's easy: you go to <https://meridianfarmmarket.ca/charlesbestsecondarypac>, purchase gift cards, use those gift cards to purchase items online, then have the items delivered to your door or choose to pick-up - and 30% supports your PAC. Note: the gift cards can only be used for online shopping (not in-store) and there is free delivery on orders over \$200.

After Grad Committee 2027 Update: the initial Organizing Committee meeting was great, with 42 parents / guardians attending! Our first fundraiser of the year will be the 'Grade 12 Parent Halloween Dinner and Dance' on Saturday, October 24th, 6pm to 11pm at the Port Moody Legion. Great food, live DJ, cold drinks, games/contests so get your costume ready! Prizes will be awarded. Tickets are \$67.50 each and can be purchased at: <https://www.zeffy.com/en-CA/ticketing/parentguardian-halloween-dinner-dance>

Calling all Grade 11 Parents and Guardians: Every year the Grade 11 Parents hold a Dinner & Dance Fundraiser in February / March to help support their child's Grade 12 Graduation Ceremony (i.e. 2028). It's a great opportunity for parents to connect, raise some funds, and have a lot of fun in the process. Contact: bestpacsecretary@gmail.com if you are interested in volunteering.

PAC has a new website: Check-out the PAC's new website at <https://charlesbestpac.ca/> for the latest information on how your PAC supports our students families, upcoming events and fundraisers, and ways you can get involved. It's also a great place to stay up to date on what's happening with the PAC during the school year. A huge thank you to Charles Best parent Dave Zille of dazil Internet Services for creating our new website and generously sharing his time and expertise with our school community. You can learn more about Dave and his work at dazil.com.

Donate To Your PAC: families always have the option to donate to your PAC through School Cash Online and for donations over \$25 a tax receipt is issued by SD43. Donations go towards: scholarships & bursaries; extra-curricular equipment (could be for the music or drama clubs, art clubs, athletics); specialized learning materials, gym equipment, etc. <https://sd43.schoolcashionline.com/>

Questions about PAC? Please contact us at northcoteconsulting@gmail.com for assistance.