



FRIDAY
October 2, 2026

Heritage Woods Secondary

“WE ARE KODIAKS”



TERRY FOX RUN

Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:12
Block 3	10:16 – 11:12
TERRY FOX RUN	11:12 – 12:15
LUNCH	12:15 – 12:55
Block 4	12:59 – 1:55
FLEX	1:55 – 2:25
Block 5	2:29 – 3:25

CHECKING YOUR
SCHOOL EMAIL
EVERYDAY

Ensures YOU don't miss

IMPORTANT
INFORMATION!



My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEX ATTENDANCE

Please remember to have a Flex plan for the week!

Use this QR code:



Or Log in : <https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
 - Flex is instructional time = Cell phones stored



HWSS Policy re: Micromobility Vehicles

Students must dismount once on school grounds.

You are responsible for the security of your own vehicle.

Micromobility vehicles include:

- Bicycles
- Electric Bicycles
- Scooters
- Electric Scooters
- etc.

Respect others and the environment when riding.

Be safe!
Have fun



16+

In British Columbia, you must be 16 years or older to legally operate an e-scooter.

You also need to be in a community that allows e-scooters.



Check your municipality's rules before buying or riding.



How to ride safely



Always wear a properly fitted helmet

It's the best way to protect your head.



Stay alert and avoid distractions such as phones and headphones

Keep your full attention on the road and your surroundings.



Ride one person per scooter

Scooters are designed for one rider.



Use lights and reflective gear

It helps others see you.



Slow down, especially on uneven or wet surfaces

Go slower to stay in control and avoid falls.



Fragrance Free



Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.

STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle; should be hung from rear view mirror.

*Please remember when parking in the back lot, park from the electric charger back to the caretaker's house.



Thank you for your cooperation!



Please be respectful
and refrain from
parking in the
handicap spots
located at the back
of the school.
Unauthorized
vehicles may be
towed at the owner's
expense.



Please take pride in our
school and keep it
clean!



STARBUCKS CUPS DO NOT GO INTO THE REFUNDABLE BIN

To keep a clean environment
please clean the cups and put
them into the recycling bin





Oct 2

TERRY FOX RUN

FRIDAY, OCTOBER 2

AFTER PERIOD 3 / BEFORE LUNCH



THIS YEAR OUR GOAL IS... \$3000

Help raise money for Cancer Research!





**SAVINGS - SAVE
\$\$\$\$\$\$**

Coupon Book Music Fundraiser!

\$40 for over \$7500 coupon money!

Funds raised help support the
HWSS music department

How to Order Coupon Books

1. Purchase on SchoolCashOnline
2. Books can be collected at the HWSS Office



BUY YOUR YEARBOOK

- Available on School Cash Online
 - We sold out last year, so don't miss out!
- No extra copies will be ordered
 - You must have all school fees paid in order to pick up your book

ONLY \$60



GALAPAGOS & ECUADOR

**SPRING BREAK
MARCH 14-27 2027**

There is still a few spots left in
this once-in-a-lifetime trip!

**Parent Info Night Monday,
Oct 5th 6pm in Library**

Send this info to your parents!

Questions? See Ms. Kim in room 303 (ekim@sd43.bc.ca)



<https://bit.ly/4gU97Qv>

RSVP

Students from Child Dev 12 will be walking around the school wearing a pregnancy belly and/or caring for robotic babies.

Please treat them as though they are a real infant.

Thank you!



KODIAK ATHLETICS



Jr. Boys Soccer

**Meeting in the
Mat Room
at Lunch today**



Wrestling team

Pre-season practices

Begins Monday Oct 5, 2026, in the mat room at 3:45 pm

All new and returning wrestlers are welcome!

Bring running shoes and wrestling shoes to the practices

If you have any questions, feel free to contact

Mr. Naidu in his office



SENIOR BOYS BASKETBALL TRYOUT

OCTOBER 5TH

4:30 - 5:45 PM
AT EAGLE MOUNTAIN
MIDDLE SCHOOL

OCTOBER 6TH

6:45 - 7:45 AM
AT HWSS BEFORE SCHOOL

OCTOBER 7TH

6:45 - 7:45 AM
AT HWSS BEFORE SCHOOL

CLUBS



SOAP Peer Tutoring

Introductory Meeting

WHEN

At Lunch

Monday, October 5th

WHERE

HWSS Library

DEATILS

We will be sharing important information about SOAP and how it is run, our volunteer opportunities, executive council, and handing out past volunteer hours.

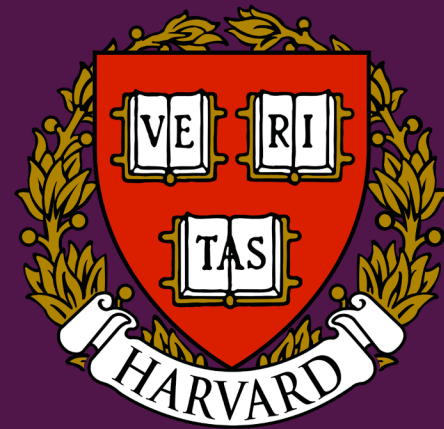


DO YOU WANT TO LOCK IN?

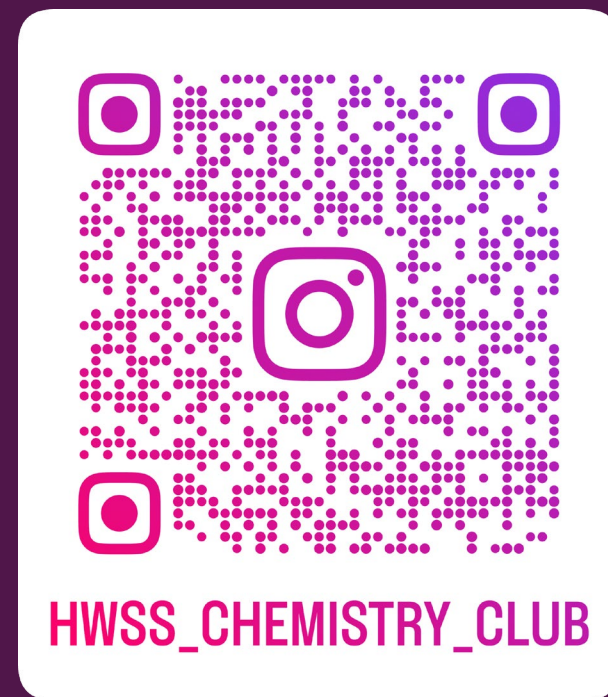
Join Chemistry Club

What we do

- Improve your chemistry grade
 - Help you with homework
 - Explain confusing topics
- Help you prepare for competitions
- Teach fun topics
- And More!



Scan for more info



Teams Code: vcryqyg

Also Chemistry Club

SOME of The Upcoming Chemistry Competitions

Chem 13 News Exam (grade 12 students)

Exam date: Thursday, May 6, 2027

Ordering deadline: Friday, April 23, 2027

Cost: \$8 per student

Avogadro Exam (grade 11 students)

Exam date: Thursday, May 13, 2027

Ordering deadline: Friday, April 30, 2027

Cost: \$8 per student

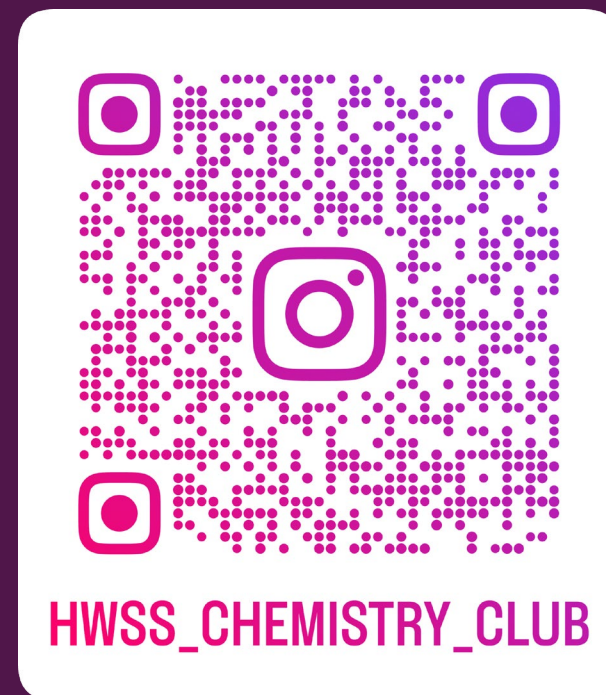
Oct 7

Please let us
know asap so we
can figure out
the fees and
other preparation
information

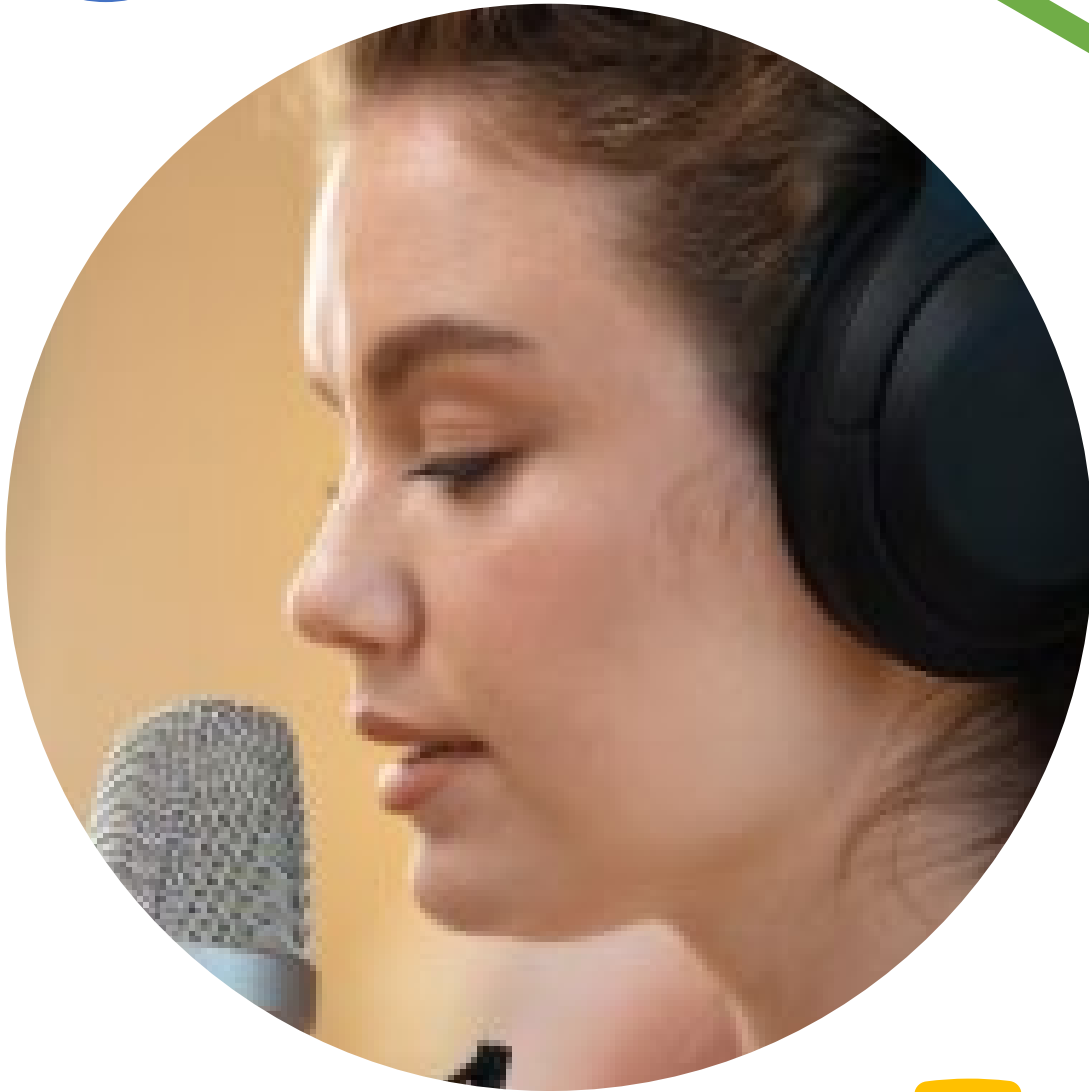
Contact us via
Instagram,
email or teams.

Great for uni
applications!

Scan for more info



Teams Code: vcryqyg



Singing Club

Do you want to learn how to sing for the stage, private, shower, car, etc.

This could be the club for you!

First Meeting – Friday, Lunch

Room 103

– you can still sign up and don't miss out!



PET PALS CLUB

TEAMS CODE:
UHON5S3



Oct 9



- Earn Volunteer Hours
- Support fundraisers
- Donate to animals in need
- Help out at animal shelters

Fundraising Club

*Lets spread warmth beyond our candles.
Every fundraiser helps support causes that matter to
our community.*

First Meeting

Wednesday

OCT

07

@ ROOM

231

(It can be changed)

@ LUNCH

What to Expect:

- 🎁 Fun activities and creative fundraising ideas
- 🕯️ Planning events to support meaningful causes



Insta:
@fundraiseclub.hwss

✉️ Email:

127-clee@sd43.bc.ca
127-cleung@sd43.bc.ca

COMMUNITY



CAREER CENTER





Visit with up to 50 Universities from across Canada in one place!!!!

Upcoming Events

CUE is hosting two public events this fall and you're invited! Register for an account, then RSVP to an event to chat with university representatives on either:

- **Hilton Metrotown - Burnaby / Monday, October 5th / 6:00PM - 8:00PM**
- **Westfield Country Club - Surrey / Wednesday, October 7th / 6:00PM - 8:00PM**