



“Once a Talon...Always a Talon!”
GLENEAGLE TALON TALK
Day 2 - Thursday, September 10, 2026

THE EAGLE’S NEST WILL BE OPEN
Thursday, September 10, 2026
LUNCH MENU

- Soup** French onion with mozzarella croutons
- Entree** Pork rib sandwich with crispy onion strings & cajun fries
- Dessert** Oreo cheesecake

Student Bell Schedule
2025-2026

Monday	Tuesday	Wednesday	Thursday	Friday
STAT HOLIDAY BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE
BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)	Assembly Schedule (60 minutes) These dates will be announced as assemblies occur	
X	7:36 – 8:56	7:55 – 8:55	7:55 – 8:55	
1	9:00 - 10:20	9:00 - 10:05	9:00 – 10:00	
2	10:25 – 11:50	10:10 – 11:20	10:05 – 11:05	
ASSEMBLY			11:05 – 12:25	
LUNCH	11:50 - 12:30	11:20 - 12:00	12:25 – 1:05	
3	12:35 – 1:55	12:05 - 1:10	1:10 – 2:10	
4	2:00 - 3:20	1:15 – 2:20	2:15 – 3:15	
5	3:25 – 4:45	2:25 – 3:30	3:20 – 4:20	

ATTENTION: ALL STUDENTS

WELCOME TO:
Ms. Kwan, Mr. Wong, Ms. Carter, Mr. Zgorzelska

MOVIE CLUB: AT A LOSS AT WHAT TO DO AT LUNCH TIME?
Come to Movie Club in room 111: bring your lunch, sit at one of our group tables, and watch movies on the big screen with surround sound. We are starting with the animated films GOAT and Hoppers and then will begin taking requests.

SCHOOL PHOTO DAY, TODAY, SEPTEMBER 10, 2026
Just a friendly reminder that TODAY is our school photo day. Below is some important information on the process. Classes will be called down when it is their time for their photos. All students must be photographed even if they do not wish to purchase photos. Students are reminded that no hats or sunglasses will be permitted for the photo.

- SCHEDULE
- ~~9:00am – 10:00am~~ Grade 9’s
 - ~~10:00am – 11:00am~~ Grade 10’s
 - 11:00am - 12:00pm Grade 11’s
 - 12:45pm - 1:45pm Grade 12’s
 - 1:45pm Flex time and last call for anyone who has not had a photo taken

MUSICAL THEATRE FIRST INFO MEETING TODAY

For those students signed up or interested in Musical Theatre, our **first info meeting is today** in the drama room after school - block Y. it's open to all students who are interested in auditioning for this year's production.

GRAD INFORMATION

ATTENTION GRADE 12'S!!

Senior Sail tickets are selling fast! Do not delay! **Purchase your ticket today through School Cash Online!**

SPORTS

GLENEAGLE ATHLETICS PROGRAM

Attention all Gleneagle Students, our Gleneagle Athletics program will be hosting a sports information day on Wednesday, Sept. 16th at lunch in the main gym. This will be an opportunity to meet Gleneagle coaches & teams to see the variety of sports our schools offer and a chance for students to ask questions. Again this will occur on Wednesday Sept. 16th in the gym at lunch.

SENIOR BOYS' SOCCER TEAM

If you are interested in playing for the senior boys' soccer team this fall, please **meet in the gym at noon today**. Tryouts will be run on Tuesday, Wednesday and Thursday next week. **If you have any questions, please ask Mr. Abbinante or Ms. Kennedy.**

GLENEAGLE ATHLETICS INSTAGRAM

Hey, Gleneagle! Check out our Athletics page on IG and click follow to stay up to date on all things sports at GSS. For Fall Sports, we have QR Codes for you to complete a Form to indicate your interest in participating this season. Some sports start right away, so don't delay...get to our IG page and find the Fall Sports post to get those codes!

VOLLEYBALL TEAMS

There'll be open volleyball sessions this week to shake off the rust! ~~Wednesday, September 9 (boys) and Thursday, September 10 (girls)~~ with our new coach, Mr. Sean Lisik. All grades are welcome to attend. These sessions will run from 3:45-5:30. Come out and get some serves, sets and spikes in before tryouts start next week! Any questions please email Mr. Comeau or Coach Lisik (lisik14@gmail.com)

GIRLS FIELD HOCKEY

There will be a short meeting with Coach Peterson on Friday, September 11 @ the start of lunch in Gym C. Everyone that has signed up via the Microsoft Form, and those prospective players that haven't yet, are asked to attend. **Any questions, please email Mr. Comeau or Coach Peterson (petersonhannah28@gmail.com)**

SWIM TEAM MEETING & PRACTICE SCHEDULE

Swim team meeting in Room 212 on TODAY, September 10 at lunch. First practice for non-swim club swimmers is September 17 (try-outs).

PRACTICE SCHEDULE:

- September: Tuesday/Thursday at Mundy Park Pool (4:30-5:30PM)
- October - November: Monday/Wednesday mornings at CCAC (6:30-7:30AM)
- I will go over all dates and key information at our meeting on Thursday.

POST-SECONDARY & CAREER RESOURCES

Hello! My name is Vincci Mytkowicz, and I am your new Post Secondary and Career Advisor. The Career Centre is here to support you with your future planning - including post secondary program details, scholarships and financial aid, trades, employment and volunteer opportunities, learning opportunities, and anything else related to your career path.

Please see below a list of post secondary info sessions happening here in the fall:

Gleneagle 2026 - 2027 Post Secondary Info Sessions

School/ Program/ Event	Date	Time	Location
Emily Carr	Tuesday, September 15 th , 2026	Lunch (11:50am - 12:30pm)	Library
SFU - Beedie	Thursday, September, 17 th , 2026	Lunch (11:50am - 12:30pm)	Library
Western University	Monday, September 28 th , 2026	8:30am - 9am	Entrance
University of Alberta	Wednesday, October 7 th , 2026	8:30am - 9am	Entrance
Douglas College	Wednesday, October 7 th , 2026	Lunch (11:50am - 12:30pm)	Library
University of Calgary	Thursday, October 15 th , 2026	8:30am - 9am	Entrance
Simon Fraser University	Friday, October 16 th , 2026	3:20pm – 3:50pm	Entrance
University of Victoria – Gustavson of Business	Monday, October 19 th , 2026	Lunch (11:10am – 12pm)	Library
Kwantlen Polytechnic University	Thursday, October 29 th , 2026	Lunch (11:50am - 12:30pm)	Library
Post Secondary BC Fair (PSBC)	Friday, November 6 th , 2026	1pm – 3pm	Entrance
Capilano University	Tuesday, November 10 th , 2026	Lunch (12:25pm – 1:05pm)	Library

My office is beside Room 225. Please join my Teams page [HERE](#) (code is **8drix18**) for important information and updates.

For an appointment, please email vmytkowicz@sd43.bc.ca - I look forward to working with you.



STAY GOLDEN GLENEAGLE!