



“Once a Talon...Always a Talon!”
GLENEAGLE TALON TALK
Day 1 - Friday, September 11, 2026

THE EAGLE’S NEST WILL BE OPEN
Friday, September 11, 2026
LUNCH MENU

- Soup** Tomato vegetable
- Entree** Fish & chips with homemade tartar sauce & fresh slaw salad
- Dessert** Chef’s selection

Student Bell Schedule
2025-2026

Monday	Tuesday	Wednesday	Thursday	Friday
STAT HOLIDAY BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE
BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)	Assembly Schedule (60 minutes) These dates will be announced as assemblies occur	
X	7:36 – 8:56	7:55 – 8:55	7:55 – 8:55	
1	9:00 – 10:20	9:00 – 10:05	9:00 – 10:00	
2	10:25 – 11:50	10:10 – 11:20	10:05 – 11:05	
ASSEMBLY			11:05 – 12:25	
LUNCH	11:50 – 12:30	11:20 – 12:00	12:25 – 1:05	
3	12:35 – 1:55	12:05 – 1:10	1:10 – 2:10	
4	2:00 – 3:20	1:15 – 2:20	2:15 – 3:15	
5	3:25 – 4:45	2:25 – 3:30	3:20 – 4:20	

ATTENTION: ALL STUDENTS

WELCOME TO:
Ms. Kwan, Ms. Cao, Ms. Bin, Mr. Chen, Ms. Kapitza, Ms. Rolleston Fuentes, Mr. Dyck, Ms. Heily-Van Os

MOVIE CLUB: AT A LOSS AT WHAT TO DO AT LUNCH TIME?
Come to Movie Club in room 111: bring your lunch, sit at one of our group tables, and watch movies on the big screen with surround sound. We are starting with the animated films GOAT and Hoppers and then will begin taking requests.

MUSICAL THEATRE AUDITION SIGN UP
For all those interested in Musical Theatre, the audition sign up will be available outside the drama room door at lunch today. **Everyone who is interested in auditioning MUST sign-up on the list.** Also, Mr. Maller is again looking for students who might be interested in playing in the Pitt Band for this year’s musical. The Instruments needed are Violin, Cello, Guitar, String Bass, Piano and Drums. **If you are interested see Mr. Maller.**

SPORTS

GLENEAGLE ATHLETICS PROGRAM

Attention all Gleneagle Students, our Gleneagle Athletics program will be hosting a sports information day on **Wednesday, September 16 at lunch in the main gym**. This will be an opportunity to meet Gleneagle coaches & teams to see the variety of sports our schools offer and a chance for students to ask questions. Again, this will occur on Wednesday September 16 in the gym at lunch.

GLENEAGLE ATHLETICS INSTAGRAM

Hey, Gleneagle! Check out our Athletics page on IG and click follow to stay up to date on all things sports at GSS. For Fall Sports, we have QR Codes for you to complete a Form to indicate your interest in participating this season. Some sports start right away, so don't delay...get to our IG page and find the Fall Sports post to get those codes!

GIRLS FIELD HOCKEY

There will be a short meeting with Coach Peterson TODAY, Friday, September 11 @ the start of lunch in Gym C. Everyone that has signed up via the Microsoft Form, and those prospective players that haven't yet, are asked to attend. **Any questions, please email Mr. Comeau or Coach Peterson (petersonhannah28@gmail.com)**



STAY GOLDEN GLENEAGLE!

POST-SECONDARY & CAREER RESOURCES

Hello! My name is Vincci Mytkowicz, and I am your new Post Secondary and Career Advisor. The Career Centre is here to support you with your future planning - including post secondary program details, scholarships and financial aid, trades, employment and volunteer opportunities, learning opportunities, and anything else related to your career path.

Please see below a list of post secondary info sessions happening here in the fall:

Gleneagle 2026 - 2027 Post Secondary Info Sessions

School/ Program/ Event	Date	Time	Location
Emily Carr	Tuesday, September 15 th , 2026	Lunch (11:50am - 12:30pm)	Library
SFU - Beedie	Thursday, September, 17 th , 2026	Lunch (11:50am - 12:30pm)	Library
Western University	Monday, September 28 th , 2026	8:30am - 9am	Entrance
University of Alberta	Wednesday, October 7 th , 2026	8:30am - 9am	Entrance
Douglas College	Wednesday, October 7 th , 2026	Lunch (11:50am - 12:30pm)	Library
University of Calgary	Thursday, October 15 th , 2026	8:30am - 9am	Entrance
Simon Fraser University	Friday, October 16 th , 2026	3:20pm – 3:50pm	Entrance
University of Victoria – Gustavson of Business	Monday, October 19 th , 2026	Lunch (11:10am – 12pm)	Library
Kwantlen Polytechnic University	Thursday, October 29 th , 2026	Lunch (11:50am - 12:30pm)	Library
Post Secondary BC Fair (PSBC)	Friday, November 6 th , 2026	1pm – 3pm	Entrance
Capilano University	Tuesday, November 10 th , 2026	Lunch (12:25pm – 1:05pm)	Library

My office is beside Room 225. Please join my Teams page [HERE](#) (code is **8drix18**) for important information and updates.

For an appointment, please email vmytkowicz@sd43.bc.ca - I look forward to working with you.