



“Once a Talon...Always a Talon!”
GLENEAGLE TALON TALK
Day 2 - Monday, September 14, 2026

THE EAGLE’S NEST WILL BE OPEN
Monday, September 14, 2026
LUNCH MENU

Soup	Beef vegetable
Entree	Linguini with grilled chicken in a pesto cream sauce with toasted garlic bread
Dessert	Brookies

Student Bell Schedule
2025-2026

Monday	Tuesday	Wednesday	Thursday	Friday
EARLY DISMISSAL BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE
BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)	Assembly Schedule (60 minutes) These dates will be announced as assemblies occur	
X	7:36 – 8:56	7:55 – 8:55	7:55 – 8:55	
1	9:00 - 10:20	9:00 - 10:05	9:00 – 10:00	
2	10:25 – 11:50	10:10 – 11:20	10:05 – 11:05	
ASSEMBLY			11:05 – 12:25	
LUNCH	11:50 - 12:30	11:20 - 12:00	12:25 – 1:05	
3	12:35 – 1:55	12:05 - 1:10	1:10 – 2:10	
4	2:00 - 3:20	1:15 – 2:20	2:15 – 3:15	
5	3:25 – 4:45	2:25 – 3:30	3:20 – 4:20	

ATTENTION: ALL STUDENTS

WELCOME TO:
Ms. Foster, Ms. Heily-Van Os

COURSE CHANGES ARE COMPLETE
A friendly reminder that course changes are complete. Students will have an opportunity to request semester 2 course changes in January.

ATTENTION ALL GRADE 9'S!
Your very first Digital Literacy assignment is being released today! Please make sure you are on the Digital Literacy team and checking in regularly. **Not sure what to do? Stop by the Nest in the Library for support.**

VOLUNTEER OPPORTUNITY MEETING
If anyone is looking for volunteer opportunities around the school, there will be a **brief meeting Tuesday at lunch in Ms. Cridge’s office in room 214.**

MOVIE CLUB: AT A LOSS AT WHAT TO DO AT LUNCH TIME?

Come to Movie Club in room 111: bring your lunch, sit at one of our group tables, and watch movies on the big screen with surround sound. We are starting with the animated films GOAT and Hoppers and then will begin taking requests.

SPORTS

SENIOR BOYS’ SOCCER

Attention all boys interested in trying out for the Senior boy’s soccer team. Just a reminder to see you all on our field at **3:30 sharp this coming Tuesday, September 15**. Please bring a water bottle, soccer boots, shorts, and shin pads.

TENNIS

Calling all athletes interested in playing tennis this spring to a pre-season **meeting this Tuesday at lunch in gym c**.

JR. GIRLS’ VOLLEYBALL

Attention all girls interested in trying out for the Jr. Girls’ Volleyball team this year. The **first try out is today @3:30**. Any questions see **Mrs. Demonte or Mr. Gelera**

GLENEAGLE ATHLETICS PROGRAM

Attention all Gleneagle Students, our Gleneagle Athletics program will be hosting a sports information day on **Wednesday, September 16 at lunch in the main gym**. This will be an opportunity to meet Gleneagle coaches & teams to see the variety of sports our schools offer and a chance for students to ask questions. Again, this will occur on Wednesday September 16 in the gym at lunch.



STAY GOLDEN GLENEAGLE!

POST-SECONDARY & CAREER RESOURCES

Friendly reminder that there are 2 post secondary info sessions happening this week during lunch in the library:

- ❖ Emily Carr on Tuesday, September 15th
- ❖ SFU Beedie on Thursday September 17th

This is a great opportunity to come by and ask questions about their programs. All grades are welcome to join.

Attention Grade 12's: There are a few major scholarships with submission deadlines coming up.

- ❖ **University of Toronto National Book Award:** Nomination deadline is September 25th at 3pm.
- ❖ **University of Toronto Lester International Scholarship:** Nomination deadline is September 25th at 3pm.

Please check out Career Teams or see Ms. Mytkowicz for Nomination Form and details.

- ❖ **Loran Scholarship (FULL TUITION):** deadline is October 15th.

The Career Centre is here to support you with your future planning - including post secondary program details, scholarships and financial aid, trades, employment and volunteer opportunities, learning opportunities, and anything else related to your career path.

My office is beside Room 225. Please join my Teams page [HERE](#) (code is 8drix18) for important information and updates. For an appointment, please email vmytkowicz@sd43.bc.ca

Please see below a list of post secondary info sessions happening here in the fall:

Gleneagle 2026 - 2027 Post Secondary Info Sessions

School/ Program/ Event	Date	Time	Location
Emily Carr	Tuesday, September 15 th , 2026	Lunch (11:50am - 12:30pm)	Library
SFU - Beedie	Thursday, September, 17 th , 2026	Lunch (11:50am - 12:30pm)	Library
Western University	Monday, September 28 th , 2026	8:30am - 9am	Entrance
University of Alberta	Wednesday, October 7 th , 2026	8:30am - 9am	Entrance
Douglas College	Wednesday, October 7 th , 2026	Lunch (11:50am - 12:30pm)	Library
University of Calgary	Thursday, October 15 th , 2026	8:30am - 9am	Entrance
Simon Fraser University	Friday, October 16 th , 2026	3:20pm – 3:50pm	Entrance
University of Victoria – Gustavson of Business	Monday, October 19 th , 2026	Lunch (11:10am – 12pm)	Library
Kwantlen Polytechnic University	Thursday, October 29 th , 2026	Lunch (11:50am - 12:30pm)	Library
Post Secondary BC Fair (PSBC)	Friday, November 6 th , 2026	1pm – 3pm	Entrance
Capilano University	Tuesday, November 10 th , 2026	Lunch (12:25pm – 1:05pm)	Library