



“Once a Talon...Always a Talon!”

GLENEAGLE TALON TALK

Day 1 - Thursday, September 17, 2026

THE EAGLE’S NEST WILL BE OPEN

Thursday, September 17, 2026

LUNCH MENU

- Soup** Cream of tomato
- Entree** Roast pork loin Provençale with rosemary potatoes, gravy & pan seared vegetables
- Dessert** Tiramisu

**Student Bell Schedule
2025-2026**

Monday	Tuesday	Wednesday	Thursday	Friday
EARLY DISMISSAL BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE
BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)	Assembly Schedule (60 minutes) These dates will be announced as assemblies occur	
X	7:36 – 8:56	7:55 – 8:55	7:55 – 8:55	
1	9:00 – 10:20	9:00 – 10:05	9:00 – 10:00	
2	10:25 – 11:50	10:10 – 11:20	10:05 – 11:05	
ASSEMBLY			11:05 – 12:25	
LUNCH	11:50 – 12:30	11:20 – 12:00	12:25 – 1:05	
3	12:35 – 1:55	12:05 – 1:10	1:10 – 2:10	
4	2:00 – 3:20	1:15 – 2:20	2:15 – 3:15	
5	3:25 – 4:45	2:25 – 3:30	3:20 – 4:20	

ATTENTION: ALL STUDENTS

WELCOME TO:
Ms. Nejad, Ms. Dhesi, Ms. Heily-Van Os, Mr. Lebourdais, Ms. Priestly

MATH CONTEST CLUB
The Fall Math Contest registration form is now open! The contests are open to students in all grades, and we encourage you to sign up, whether you're a math lover or simply looking to challenge yourself with something new!
Sign-ups close Friday, September 25th, so make sure to register using the QR codes on the posters around the school!

TODAY IS LAST DAY TO PURCHASE YOUR SENIOR SAIL TICKETS
Attention ALL grade 12’s! TODAY is the LAST DAY to purchase your Senior Sail tickets! This is the first official event to kick off your senior year. DON’T MISS OUT! **See School Cash Online to purchase tickets & have permission form completed. Any questions see Mrs. Demonte.**

INTERNATIONAL STUDENT LUNCH
All fee-paying international students are invited to the welcome pizza party next **Wednesday, September 23rd in room 114/115 at LUNCH!**

ATTENTION ALL RECYCLERS

We will meet in the hallway outside room 103 (in the tech wing, across from auto and beside the coast room) IMMEDIATELY after school today. Anyone that hasn't signed up, but would like to join, meet us there and you will be added to the list.

E-SCOOTER, E-BIKE RULES

All scooters, e-scooters, e-bikes & regular bikes are not allowed to be ridden, anywhere, on school property- you must only WALK them, when on school property. Also, e-dirt bikes are illegal on all city roads, sidewalks and school property. Any of these vehicles must also be locked up at the designated bike racks and not on the railings near the school entrances. Parking scooters on railings can create safety hazards for staff and students and may also lead to your scooter being damaged by opening doors. Help keep our school entrances safe and your scooter secure by using the bike racks provided.

TERRY FOX FOUNDATION FUNDRAISER

The Terry Fox Foundation fundraising week is happening now! Bring your toonies for Terry to your block 2 teacher and build your class donation. The winning class earns a pizza party provided by Domino's Pizza Tri-Cities. Our school-wide fundraising goal is \$1500. The Terry Fox Run is on September 24th. Your change can change lives, Talons!

CLUBS

ATTENTION ALL CLUB LEADERS!

Club applications are now open! Whether you're interested in art, movies, dancing or D&D, you have the opportunity to find people who share that interest with you! **Look for the QR codes posted around the school** or head down to the office to pick up a physical form to register your club! Form closes September 24th so make sure to get your application in before then.

CLUB DAY!

This year's club day takes place on October 2, so be sure to save the date! Come down to the gym, at lunch, and take a look at all the different clubs Gleneagle has to offer, you don't want to miss this! **If you are looking to start a club, submit the form using the QR codes found around the school** or grab a paper copy at the office, and be sure to reach out to your teacher sponsor! Forms are due September 24th, see the student council instagram for more details!

SPORTS

SENIOR BOYS AND GIRLS VOLLEYBALL UPDATE

After two days of tryouts, the final rosters have been posted on the Intramurals board in the PHE wing. Please check to see if you're on those teams! Thanks to everyone that tried out.
Any questions, please email Coach Sean - lisik14@gmail.com

POST-SECONDARY & CAREER RESOURCES

THURSDAY, SEPTEMBER 17

- SFU Beedie (Bachelor of Business) is hosting an info session today at lunch in the library. This is an excellent opportunity for anyone who may be interested in learning more about SFU’s Bachelor of Business. Learn about majors, admission requirements, how to apply, and much more. Come with all your questions. All grades are welcome.
- Attention Gr. 12’s: There are a few major scholarships with submission deadlines coming up. Please see Ms. Mytkowicz for more details

Please check out Career Teams or see Ms. Mytkowicz for Nomination Form and details.

❖ **Loran Scholarship** (FULL TUITION): deadline is October 15th.

The Career Centre is here to support you with your future planning - including post secondary program details, scholarships and financial aid, trades, employment and volunteer opportunities, learning opportunities, and anything else related to your career path.

My office is beside Room 225. Please join my Teams page [HERE](#) (code is 8drix18) for important information and updates. For an appointment, please email vmytkowicz@sd43.bc.ca

Please see below a list of post secondary info sessions happening here in the fall:

Gleneagle 2026 - 2027 Post Secondary Info Sessions

School/ Program/ Event	Date	Time	Location
Emily Carr	Tuesday, September 15 th , 2026	Lunch (11:50am - 12:30pm)	Library
SFU - Beedie	Thursday, September, 17 th , 2026	Lunch (11:50am - 12:30pm)	Library
Western University	Monday, September 28 th , 2026	8:30am - 9am	Entrance
University of Alberta	Wednesday, October 7 th , 2026	8:30am - 9am	Entrance
Douglas College	Wednesday, October 7 th , 2026	Lunch (11:50am - 12:30pm)	Library
University of Calgary	Thursday, October 15 th , 2026	8:30am - 9am	Entrance
Simon Fraser University	Friday, October 16 th , 2026	3:20pm – 3:50pm	Entrance
University of Victoria – Gustavson of Business	Monday, October 19 th , 2026	Lunch (11:10am – 12pm)	Library
Kwantlen Polytechnic University	Thursday, October 29 th , 2026	Lunch (11:50am - 12:30pm)	Library
Post Secondary BC Fair (PSBC)	Friday, November 6 th , 2026	1pm – 3pm	Entrance
Capilano University	Tuesday, November 10 th , 2026	Lunch (12:25pm – 1:05pm)	Library