



1300 Rochester Avenue

Coquitlam, BC V3K 2X5

Ph: 604-931-3574 / Email : o81-office@sd43.bc.ca

Attendance: <https://www.sd43.bc.ca> → Quick Links → Student Absence Report

École Maillard Middle School e-Newsletter-Thursday, October 22, 2026

**Tomorrow, Friday, October 23, 2026 is a
District-Wide Professional Development Day.
There is no school in session for students on this day.**

Family Interest Survey: School-Wide Community Day at Grouse Mountain on Wednesday, January 27, 2027.

As part of our school's commitment to fostering **Community, Connection, Kindness, and Acceptance**, we are exploring the possibility of a school-wide activity day at **Grouse Mountain** this year.

This experience would serve as a culminating event connected to our school-wide read of *The Barren Grounds* by David A. Robertson. Throughout the novel, students encounter themes of resilience, teamwork, relationship-building, Indigenous perspectives, and a deep connection to the land. A shared experiential learning day would provide students with an opportunity to bring many of these themes to life while strengthening relationships across our entire school community.

The proposed field trip would include:

- Round-trip transportation by bus
- A full-day educational program (approximately 9:30 a.m. to 2:30 p.m.)
- Guided activities led by Grouse Mountain educators
- Access to the Skyride
- Two educational or experiential activities

Potential activities include:

- **Snowshoe Tour** (equipment provided)
- **HIWUS Cultural Presentation** led by a Squamish First Nation Elder, where students would learn about traditional customs, stories, songs, dances, and the rich history of the Coast Salish peoples in an authentic Pacific Northwest Coastal Longhouse
- **Curriculum-Based Educational Programs** such as *Mountain Adaptations*, *Bears of North America*, *Who Eats Who*, *Owls of North America*, and other environmental learning opportunities

The estimated cost of the trip is **approximately \$50 per student**.

At this stage, we are seeking feedback from families to determine whether there is sufficient interest and support for this opportunity. Please take a few minutes to complete the attached Microsoft Forms survey. Your responses will help guide our planning and determine whether we move forward with organizing this exciting school-wide experience.

Thank you for taking the time to share your feedback. We are excited about the potential for a memorable day of learning, community-building, and connection for all students.

Please complete the survey by Friday October 30th.

[Grouse Mountain Community Day Interest Survey – Fill out form](#)



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Calendar Items- School Events can be found at [Maillard 2026-2027 Calendar](#)

PAC News Update

Hot Lunch – *The upcoming Hot Lunch is A&W on Tuesday, November 5.* Orders must be submitted by **Monday, October 28**

Please access Munchalunch using the following link→ <https://munchalunch.com/maillard>.

Sports Court Improvement Project

The PAC is fundraising to support a significant enhancement to the sports cost located behind the school. This project will provide students with an improved outdoor space for physical activity and play. As this is a major undertaking, it will require dedicated fundraising throughout the year.

To support this initiative, the PAC has launched a Purdy's Chocolates fundraiser, with delivery scheduled prior to Christmas Break. This provides an excellent opportunity for families to participate while preparing for the holiday season.

How to Support the Court:

1. Shop Online: Visit <https://fundraising.purdys.com/fundraising/campaign/000036561> and enter **Campaign ID: 000036561**
2. Add Student Details (Important!): When registering or checking out, please include your child's full name and homeroom/teacher. This is crucial so we can distribute the chocolates to the correct student when they arrive.
3. **Order Deadline: November 23, 2026**

In addition, you can make a donation through School Cash Online donation invoice to contribute directly. Log into your account at <https://sd43.schoolcashionline.com/> and look for the item called "Maillard PAC Family Donation (Optional)". All funds raised will go toward the sports court project. Please see the letter from the PAC regarding PAC donations.

Upcoming PAC Meeting

The next PAC Meeting will be Thursday, November 5 at 6:30pm in the Learning Commons (Library) on the 3rd floor of the school. Please enter the school through the main red doors by the Office. All are welcome! The Agenda for this meeting as well as the Oct 8, 2026 Meeting Minutes are attached for your review.

If you have any questions, please contact us at maillardpac@gmail.com.

Please contact maillardpac@gmail.com if you have any questions about any information in the PAC News Update.



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Photo Retake Day is next week on **Wednesday, October 28, 2026.**



At Edge Imaging, protecting the security of your school community's information is always our top priority. We wanted to let you know about a precautionary step we've taken today.

What's happening:

A security issue was recently identified in PHP, a technology that powers a large share of websites around the world, including those of banks and government organizations. **This is a global issue and is not specific to Edge Imaging.**

To be clear, this is not a breach. Out of an abundance of caution, we've temporarily taken some of our websites offline, including our online ordering site, while our team applies the necessary security updates.

What this means for your school:

- Parents may be temporarily unable to access our website or place online orders.
- We're working to restore access as quickly and safely as possible and will keep you informed as services come back online.
- You'll temporarily be unable to access Edgeview.
- If anything affects your school's picture day or upcoming plans, your Edge representative will contact you directly.
- If the outage continues for an extended period, we'll proactively extend free ship-to-school deadlines so no one misses out.

If you have any questions in the meantime, please contact your Edge representative or our Edge Care team at edgecare@edgeimaging.ca.

Thank you for your patience and your continued trust in Edge Imaging.

Warm regards,

Your Edge Team



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Community News

The S.I.S.T.E.R.S. Program- S.I.S.T.E.R.S. is a **girls' wellness and leadership program** designed to help participants build confidence, resilience, self-awareness, and a strong sense of well-being. Through movement, wellness activities, leadership development, discussions, teamwork, field trips and community experiences, participants are encouraged to explore their strengths, develop healthy relationships, and build skills that support their physical, mental, and emotional well-being. The program creates a supportive environment where girls can connect with one another, grow their confidence, and develop their leadership potential. The program materials describe activities including mindful movement, wellness workshops, dinners, field trips and outings, guest speakers/facilitators, and community experiences. **If you any questions, you can email soniab@thewkf.com**

Program Day: Monday / Wednesday / Friday

Program Date: October 5 - December 18

Program Time: 3pm - 6pm

Parents/guardians, if you are interested, please:

1. **Print the registration form.**
2. **Complete all required sections** of the form.
3. Ensure that all required **parent/guardian signatures and dates** are completed.
4. Return the completed form to the school/program or email it to Sonia Blade soniab@thewkf.com

The attached registration form collects participant information, guardian and emergency contact information, medical/allergy information, pickup/drop-off details, emergency authorization, field trip consent, and media/website consent. A guardian signature is required for participation.

S.I.S.T.E.R.S.
Strong Inspirational Supportive Talented Empowered Resilient Successful

GIRLS WELLNESS & LEADERSHIP PROGRAM

S.I.S.T.E.R.S. is a girls wellness and leadership program designed to build confidence, resilience and holistic well-being. Through movement, mentorship and creative activities, girls will develop leadership skills, healthy relationships and a stronger sense of self, while discovering their true potential.

MOVEMENT
Build confidence through fun physical activities and skill-building.

CONNECTION
Make new friends, build healthy relationships and be part of a supportive community.

WELL-BEING
Explore mindfulness, self-love and tools to support your mental, physical and emotional health.

WHAT'S INCLUDED:

- Mindful Movement
- Wellness Workshops
- Creative Activities
- Field Trips & Outings
- Guest Speakers & Facilitators
- Community & Leadership

DAYS Mondays, Wednesdays & Fridays

TIME 3pm - 6pm

LOCATION Game Ready Fitness Coquitlam

PICK UP & DROP OFF Available at school

For more information please email Coach Sonia at soniab@thewkf.com

MEET THE S.I.S.T.E.R.S.

Our amazing coaches are here to support, motivate and empower you throughout your SISTERS journey!

Coach Sonia
Hi everyone! My name is Sonia Blade, and I'm excited to lead the Sisters program!
My favourite physical activities are martial arts, basketball, and weightlifting. When it comes to art, I love sketching and painting, and my go-to food is tacos!
I joined Sisters because I want to inspire young girls to become confident leaders, believe in themselves, and reach their full potential. I also want to support and empower our coaches as they work toward their own goals of making a positive impact on the lives of young girls.

Coach Tiffany
Hello! My name is Tiffany. I got into SISTERS because I'm the most rejuvenated after connecting with other girls and feeling a sense of sisterhood and I want to create an environment for other girls to feel it too because it truly is a feeling like no other!
I love most physical activities like playing volleyball, badminton, and spikeball, going to the gym, snowboarding, and trying new things like bouldering. I enjoy taking photos of scenery and my could ones, and I just started to learn how to make pipe cleaner flowers which has been really fun! I absolutely love eating poke (specifically the raw salmon) and my go-to poke spot is Steve's poke.

Coach Addie
Hello, I'm Addie, my favourite sport is Soccer.
My favourite mode of art is Literature. I enjoy writing stories and poems. My favourite go to food is Sushi; chopped scallop roll & spicy salmon roll!
I got into SISTERS because I remember what it felt like to be a girl who doubted her own strength, both in her body and in her voice. I often worried about how I looked instead of what I could do, and I pushed away my feelings instead of listening to them. I want to be the kind of mentor I needed back then: someone who shows girls that movement is a celebration of what their bodies can do, that mindfulness is a tool for calming a busy mind, and that confidence is built one small step at a time. My goal is to help girls carry a strong belief in themselves long after they leave the SISTERS program.

Coach Capri
Hi I'm Capri! I grew up as a competitive gymnast and I now enjoy going to the gym, running, hiking, volleyball and flag football. I also love film making and photography, along with painting, drawing and playing the piano! My favourite go-to food would have to be chocolate.
I got into SISTERS because I want to make a positive impact and support girls who are going through the same things I did to help them find themselves and build confidence!

Coach Jessica
Hi! My name is coach Jessica.
My favourite form of physical activity is to dance! All kinds, from hip hop to salsa dance.
My favourite form of art is to play the piano.
My favourite go-to food is lasagna with garlic bread.
One reason I got into SISTERS is because I find that I learn just as much from these young girls as they do from myself as their coach.

~If you are receiving these notifications from Maillard Middle School, please email 081-secretary@sd43.bc.ca stating you wish to be removed. Within 10 days of your request, you will no longer receive these emails.~