



1300 Rochester Avenue

Coquitlam, BC V3K 2X5

Ph: 604-931-3574 / Email : o81-office@sd43.bc.ca

Attendance: <https://www.sd43.bc.ca> → Quick Links → Student Absence Report

École Maillard Middle School e-Newsletter-Thursday, September 23, 2026

Friday, September 25, 2026 is a District-Wide Professional Development Day.
There is no school in session for students.

Dear Parents and Guardians,

We are seeing an increase in students bringing energy drinks to school. Energy drinks are **not permitted at École Maillard Middle School**, and we ask families to ensure these beverages remain at home.

Many energy drinks contain high levels of caffeine and other stimulants that can negatively affect young people, contributing to anxiety, difficulty concentrating, headaches, disrupted sleep, increased heart rate, and mood changes. These effects can impact both student well-being and learning throughout the school day.

Please speak with your child about making healthy beverage choices and encourage water, milk, or other non-caffeinated options.

We appreciate your support in this matter.

Steve Roos

Principal

sroos@sd43.bc.ca

Selena Lee

Vice-Principal

selee@sd43.bc.ca

Meet the Teacher Night is tomorrow, Thursday, September 24, 2026

from 6PM to 7PM. We invite all Maillard parents & guardians to visit our school with a quick presentation in the gym at 6:00PM before going to meet your child's classroom teacher. We look forward to seeing you tomorrow night!

As part of the Safer Schools Together ongoing work through the Ministry of Education and Childcare's **ERASE** (Expect Respect and a Safe Education) strategy, we are pleased to announce complimentary family sessions coming up again this school year.

The family sessions are recommended for parents/caregivers/grandparents and youth aged 10 and up. All our sessions can be found [HERE](#). Please note the first session is Tuesday, September 15.

Bring Your Own Device- Teachers have provided information to students about how to borrow a school laptop for the 2026-2027 school year. If your child needs to borrow a school laptop, at any time during the school year, please have them discuss this with their classroom teacher. Alternatively, you can also reach your child's classroom teacher by email: [Maillard Staff Teacher Contact List](#)

Calendar Items- School Events can be found at [Maillard 2026-2027 Calendar](#)



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PAC News Update

Our Hot Lunch program is officially open for ordering!

Please access Munchalunch using the following link → <https://munchalunch.com/maillard>.

- **New Families:** Click "Register your family"
- **Returning Families:** Sign In

Once signed in, input your child(ren)'s grade and class by clicking the Green "Set grade & class" Button. Follow the prompts on screen to update your profile.

Once your child's profile is updated, you can start ordering their lunches! Menus for the entire school year are available now. Please see the attached 2026-27 Munch A Lunch Schedule.pdf for a complete list of Lunch dates and Order Deadlines.

📅 Mark your calendars!

The first PAC Meeting is **Thursday, October 8 at 6:30pm**. We will be approving last year's AGM Minutes and the Budget for this school year. The AGM Minutes from June 2, 2026 are attached, as well as the proposed PAC Budget for the 2026-27 School Year.

PAC Meetings dates are scheduled on the following dates:

November 5, December 3, February 3, March 4, May 6 and June 3 is our AGM.

Meetings are always on a Thursday, beginning at 6:30PM. When coming to the school for meetings, please enter using the red doors at the front of the school. All Parents and Guardians are welcome to join!

Please contact maillardpac@gmail.com if you have any questions about any information in the PAC News Update.

Community News:

A recent campaign by the Coquitlam RCMP was held at Maillard earlier this week. This is a flyer they were providing to all community members.

MICROMOBILITY:

KNOW THE RULES BEFORE YOU RIDE

Scan the QR Code for more information from the Coquitlam RCMP.



	Where Can I Ride?	How old do I need to be?	How fast can I go?	License and Insurance?	What Else Should I Know?
E-Bike	Anywhere where bicycles can ride	14+ for light e-bikes; 16+ for standard e-bikes	Light e-bikes: 25 km/h Standard e-bikes: 32 km/h	No Drivers License or Insurance required	Must have fully operable pedals
E-Scooter	Coquitlam Port Coquitlam Anmore Belcarra	You must be 16 years of age or older	You can travel up to 25 km/h	No Drivers License or Insurance required	Illegal outside of pilot communities
Moped/LSM	On public roadways only	You must be 16 years of age or older	You can travel up to 70 km/h	Drivers License and Insurance required	CMVSS compliance label required
E-Dirt Bike	Not on roads, sidewalks, bike lanes, fields, greenways nor in parks	Not legal at any age in public areas	Not permitted in public areas	Cannot be registered or insured	Not legal e-bikes or LSMs
Mini-Motorcycle	Not on roads, sidewalks, bike lanes, fields, greenways nor in parks	Not legal at any age in public areas	Not permitted in public areas	Cannot be registered or insured	Does not meet safety standards

@cqrcmp

coquitlam.rcmp.ca

Coquitlam RCMP

~If you are receiving these notifications from Maillard Middle School, please email o81-secretary@sd43.bc.ca stating you wish to be removed. Within 10 days of your request, you will no longer receive these emails.~

Web: <http://www.sd43.bc.ca/school/maillard>