



THURSDAY
September 17, 2026

Heritage Woods Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:59
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEX ATTENDANCE

Please remember to have a Flex plan for the week!

Use this QR code:



Or Log in : <https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
 - Flex is instructional time = Cell phones stored



CHECKING YOUR
SCHOOL EMAIL
EVERYDAY

Ensures YOU don't miss

IMPORTANT
INFORMATION!

HWSS Policy re: Micromobility Vehicles

Students must dismount once on school grounds.

You are responsible for the security of your own vehicle.

Micromobility vehicles include:

- Bicycles
- Electric Bicycles
- Scooters
- Electric Scooters
- etc.

Respect others and the environment when riding.

Be safe!
Have fun



16+

In British Columbia, you must be 16 years or older to legally operate an e-scooter.

You also need to be in a community that allows e-scooters.



Check your municipality's rules before buying or riding.



How to ride safely



Always wear a properly fitted helmet

It's the best way to protect your head.



Stay alert and avoid distractions such as phones and headphones

Keep your full attention on the road and your surroundings.



Ride one person per scooter

Scooters are designed for one rider.



Use lights and reflective gear

It helps others see you.



Slow down, especially on uneven or wet surfaces

Go slower to stay in control and avoid falls.



Fragrance Free



Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.

STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle; should be hung from rear view mirror.

*Please remember when parking in the back lot, park from the electric charger back to the caretaker's house.



Thank you for your cooperation!



Please be respectful
and refrain from
parking in the
handicap spots
located at the back
of the school.
Unauthorized
vehicles may be
towed at the owner's
expense.



Please take pride in our
school and keep it clean!



FLEX SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
7	8	9 • Grade 9s in Theatre • Grade 10, 11, 12 in block 2 class	10 • Grade 10s in Theatre • Grade 9, 11, 12 in block 3 class	11 • Grade 11s in Theatre • Grade 9, 10, 12 in block 4 class
14 No Flex Schedule	15 • Grade 12s in Gym or Theatre • Grade 9, 10, 11 in block 5 class	16 No <u>Assigned</u> Flex; Book your flex time!	17 No <u>Assigned</u> Flex; Book your flex time!	18 No Flex due to Spirit Assembly

GALAPAGOS & ECUADOR

**SPRING BREAK
MARCH 14-27 2027**

There is still space in this
once-in-a-lifetime trip!

**Lunch Meeting Thurs Sept 24
Room 300. See you there!**



↖ More Info

Questions? Please see Ms. Kim in room 303 (ekim@sd43.bc.ca)

Student Council

Applications
due Sep
18th

- If you are interested in representing your grade and being a student voice, please pick up an application form **from the main office.**
- Roles include Grade Representative (one for each grade), Communications Director, Council Secretary, Treasurer, General Council Member
- Candidate speeches will take place on September 24th at 3:30pm in the Library



Music Students

Instrumental and Vocal Students (not guitar)



**If you missed the meeting
last night, please see**

Mr. Esau and/or Mrs. Fester

IMMEDIATELY!!! - LUNCH TODAY!!!!!!

For all Band (Concert and Beginners), Jazz Band, String (Orchestra),
Concert Choir, and Vocal Jazz Students.

Music Uniforms

Instrumental and Vocal Students (not guitar)



Uniform orders

Due Friday, Sept. 18 before the end of school.

See TEAMS for more details.

For all Band (Concert and Beginners), Jazz Band, String (Orchestra),
Concert Choir, and Vocal Jazz Students.

Europe 2027

**11-day Tour of Switzerland,
Italy, France and Spain**



Spring Break: March 15-25, 2027

**Lucerne, Lake Como, Cinque Terre, Cote d'Azur,
Monaco, Eze, Provence, Barcelona**

Spots still available!
Come to Room 209 for more info

Ms Pavan, Ms Vickerson, Ms Nezil, Mr Aitken

SPIRIT ASSEMBLY

Friday September 18

Wear the colour T-Shirt for your Grade



GRADE 9	WEAR "WE ARE KODIAKS"
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GRADE 10	WEAR GRAY
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GRADE 11 WEAR WHITE

GRADE 12	WEAR BLACK
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KODIAK ATHLETICS



Volleyball Week #2

Tryouts & Practices

2026 September

Times	Monday	Tuesday	Wednesday	Thursday	Friday
	Staff Mtg.	15	16	17	18
3:40pm (1:45)	3:15pm/3:15pm 9GV/JGV	9GV/JGV	9GV/JBV	JBV/JGV	
5:25pm (1:45)	5:00pm/5:00pm JBV/SGV	5:25pm/6:00pm SGV/SBV	5:25pm/6:00pm SGV/SBV	6:00pm SBV	
7:10pm (1:45)					

8.43.26

9GV home games start at 3:45pm

Junior and Senior home games start at 6:00pm and 7:30pm

Senior Boys Soccer Tryouts

**Tuesday and Thursday
@ 3:40 pm on the Field**



Kodiaks Volleyball Tryouts and Practices

Wednesday	Thursday	Friday
Sept 9	Sept 10	Sept 11
3:40pm SGV/Open Volleyball	3:40pm SGV/Open Volleyball	

For more information, come see Mr. Lee by the PE office.

Monday	Tuesday	Wednesday	Thursday	Friday
Staff Mtg.	Sept 15	Sept 16	Sept 17	Sept 18
3:15pm 9GV/JGV	3:40pm 9GV/JGV	3:40pm 9GV/JBV	3:40pm JBV/JGV	
5:00pm JBV/SGV	5:25pm/6:00p m SGV/SBV	5:25pm/6:00p m SGV/SBV	6:00pm SBV	

CLUBS



Quilting Club

NEW MEMBERS WELCOME!

No experience required!

Make great quilts for local charities & earn volunteer hours.

First Meeting:

**Friday, Sept 18 @ Lunch,
Rm 202**



Clubs and Activities



HWSS offers many clubs and activities to get involved with. Meeting new people and doing something you enjoy will make a big difference in helping you enjoy your time at school!

Not sure what you might like?

- ✓ Attend a meeting to see the vibe, and talk to members!

HWSS Club Application Form 2026-2027



Clubs Day Tue Sep 22

If you are interested in joining a club, you will have the opportunity to sign-up at lunch in the Grand Hall. Clubs will have booths set up for you to visit.

Want to run a club this year?

Fill out an application using the QR code here. Email Ms. Bauder ebauder@sd43.bc.ca if you have any questions.

COMMUNITY





MATH CIRCLES ENRICHMENT PROGRAM

**Explore math topics outside the school curriculum
in a fun, supportive and low-pressure environment.**

Math Circles is ideal for students in grades 10–12 who are interested in exploring and discovering mathematics. No tests, no homework—just math for the love of it!



Register now.



Six-week program

One session every week
Thursdays, Oct. 8–Nov. 12
4:30–6:30pm

Douglas College
New Westminster Campus

Cost: \$20 (covers all six sessions)



TEEN & ADULT *LEARN TO SKATE*



**REGISTRATION
OPEN & ONGOING**



**LESSONS START
SEPTEMBER 8**



JOIN THE FUN!



CanSkate

[INLETSKATINGCLUB.COM/REGISTRATION](https://inletskatingclub.com/registration)

inletskatingclub@gmail.com



Youth Drop-in Gym Girls Only

A dedicated drop-in gym time for girls. Come get active, play sports, connect with friends, and enjoy some gym time in a welcoming and supportive environment.

Thursdays, 6-7:45pm
Sep 24-Dec 17

Grades
6-12

\$2.35 drop-in fee collected at the front desk at check-in.
Go-card required for proof of grade.

CAREER CENTER



MINI MED SCHOOL 2026



INSIDE THE HUMAN BODY



MINI MED SCHOOL 2026

REGISTER FORM OPENS: Monday, Sept. 28 at 9am to Sunday, Oct. 2nd, 12pm.



Visit with up to 50 Universities from across Canada in one place!!!!

Upcoming Events

CUE is hosting two public events this fall and you're invited! Register for an account, then RSVP to an event to chat with university representatives on either:

- **Hilton Metrotown - Burnaby / Monday, October 5th / 6:00PM - 8:00PM**
- **Westfield Country Club - Surrey / Wednesday, October 7th / 6:00PM - 8:00PM**