



**TUESDAY**  
**September 15, 2026**

# **Heritage Woods Secondary**

**“WE ARE KODIAKS”**



# Bell Schedule

|         |               |
|---------|---------------|
| Block 1 | 8:00 – 9:12   |
| Block 2 | 9:16 – 10:28  |
| FLEX    | 10:28 – 10:59 |
| Block 3 | 11:01 – 12:13 |
| LUNCH   | 12:13 – 12:53 |
| Block 4 | 12:57 – 2:09  |
| Block 5 | 2:13 – 3:25   |



# My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

**<https://hwss.myweeklyplanner.net>**

# FLEX ATTENDANCE

Please remember to have a Flex plan for the week!

Use this QR code:



Or Log in : <https://hwss.myweeklyplanner.net>

# FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
  - Flex is instructional time = Cell phones stored





CHECKING YOUR  
**SCHOOL EMAIL**  
**EVERYDAY**

Ensures YOU don't miss

**IMPORTANT**  
**INFORMATION!**

# HWSS Policy re: Micromobility Vehicles

Students must dismount once on school grounds.

You are responsible for the security of your own vehicle.

**Micromobility vehicles include:**

- Bicycles
- Electric Bicycles
- Scooters
- Electric Scooters
- etc.

Respect others and the environment when riding.

Be safe!  
Have fun



# 16+

In British Columbia, you must be 16 years or older to legally operate an e-scooter.

You also need to be in a community that allows e-scooters.



Check your municipality's rules before buying or riding.



## How to ride safely



### **Always wear a properly fitted helmet**

It's the best way to protect your head.



### **Stay alert and avoid distractions such as phones and headphones**

Keep your full attention on the road and your surroundings.



### **Ride one person per scooter**

Scooters are designed for one rider.



### **Use lights and reflective gear**

It helps others see you.



### **Slow down, especially on uneven or wet surfaces**

Go slower to stay in control and avoid falls.



# Fragrance Free



Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.

# STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle; should be hung from rear view mirror.

\*Please remember when parking in the back lot, park from the electric charger back to the caretaker's house.



# Thank you for your cooperation!



Please be respectful  
and refrain from  
parking in the  
handicap spots  
located at the back  
of the school.  
Unauthorized  
vehicles may be  
towed at the owner's  
expense.



# ASSIGNED Flex

September 8-15

| Monday                        | Tuesday                                                                                                                            | Wednesday                                                                                                                  | Thursday                                                                                                                    | Friday                                                                                                                      |
|-------------------------------|------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| <b>7</b>                      | <b>8</b>                                                                                                                           | <b>9</b> <ul style="list-style-type: none"><li>• Grade 9s in Theatre</li><li>• Grade 10, 11, 12 in block 2 class</li></ul> | <b>10</b> <ul style="list-style-type: none"><li>• Grade 10s in Theatre</li><li>• Grade 9, 11, 12 in block 3 class</li></ul> | <b>11</b> <ul style="list-style-type: none"><li>• Grade 11s in Theatre</li><li>• Grade 9, 10, 12 in block 4 class</li></ul> |
| <b>14</b><br>No Flex Schedule | <b>15</b> <ul style="list-style-type: none"><li>• Grade 12s in Gym or Theatre</li><li>• Grade 9, 10, 11 in block 5 class</li></ul> | <b>16</b><br>No <u>Assigned</u> Flex;<br>Book your flex time!                                                              | <b>17</b><br>No <u>Assigned</u> Flex;<br>Book your flex time!                                                               | <b>18</b><br>No Flex due to Spirit Assembly                                                                                 |

# Student Council

Applications  
due Sep  
18th

- If you are interested in representing your grade and being a student voice, please pick up an application form **from the main office.**
- Roles include Grade Representative (one for each grade), Communications Director, Council Secretary, Treasurer, General Council Member
- Candidate speeches will take place on September 24<sup>th</sup> at 3:30pm in the Library



# Jazz Band Students – Classes start this week.

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**SJB - Mon. and Weds**

**JJB - Tues. and Thurs.**

Check list on bulletin board to see which ensemble you are in.

3:30 pm

Room 103

**All Jazz Band** members must attend



# Music Students & Parents

Instrumental and Vocal Students (not guitar)



## Meeting

**Wednesday, Sept. 16 – see email**

**6:00 pm potluck – see sign outside music room**

**7:00 pm – grade 9 and new students & parents**

**7:30 pm – Everyone – grade 9-12**

## HWSS Theatre

For all Band (Concert and Beginners), Jazz Band, String (Orchestra),  
Concert Choir, and Vocal Jazz Students.

# Europe 2027

**11-day Tour of Switzerland,  
Italy, France and Spain**



**Spring Break: March 15-25, 2027**

**Lucerne, Lake Como, Cinque Terre, Cote d'Azur,  
Monaco, Eze, Provence, Barcelona**

**Spots still available!**  
**Come to Room 209 for more info**

**Ms Pavan, Ms Vickerson, Ms Nezil, Mr Aitken**

# SPIRIT ASSEMBLY

*Friday September 18*

*Wear the colour T-Shirt for your Grade*



|                |                              |
|----------------|------------------------------|
| <b>GRADE 9</b> | <b>WEAR "WE ARE KODIAKS"</b> |
|----------------|------------------------------|

|                 |                  |
|-----------------|------------------|
| <b>GRADE 10</b> | <b>WEAR GRAY</b> |
|-----------------|------------------|

**GRADE 11 WEAR WHITE**

|                 |                   |
|-----------------|-------------------|
| <b>GRADE 12</b> | <b>WEAR BLACK</b> |
|-----------------|-------------------|

# KODIAK ATHLETICS

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# Fall Sports Sign-up outside the PE Office

Any questions? Please come to PE office

# Volleyball Week #2

## Tryouts & Practices

### 2026 September

| Times            | Monday                   | Tuesday                  | Wednesday                | Thursday      | Friday |
|------------------|--------------------------|--------------------------|--------------------------|---------------|--------|
|                  | Staff Mtg.               | 15                       | 16                       | 17            | 18     |
| 3:40pm<br>(1:45) | 3:15pm/3:15pm<br>9GV/JGV | 9GV/JGV                  | 9GV/JBV                  | JBV/JGV       |        |
| 5:25pm<br>(1:45) | 5:00pm/5:00pm<br>JBV/SGV | 5:25pm/6:00pm<br>SGV/SBV | 5:25pm/6:00pm<br>SGV/SBV | 6:00pm<br>SBV |        |
| 7:10pm<br>(1:45) |                          |                          |                          |               |        |

8.43.26

9GV home games start at 3:45pm

Junior and Senior home games start at 6:00pm and 7:30pm

# Senior Boys Soccer Tryouts

**Tuesday and Thursday  
@ 3:40 pm on the Field**



# *Junior Boys Soccer Tryouts*



**Meeting Today  
at Lunch in  
the Mat room**

# Kodiaks Volleyball Tryouts and Practices

| Wednesday                        | Thursday                         | Friday  |
|----------------------------------|----------------------------------|---------|
| Sept 9                           | Sept 10                          | Sept 11 |
| 3:40pm<br>SGV/Open<br>Volleyball | 3:40pm<br>SGV/Open<br>Volleyball |         |

For more information, come see Mr. Lee by the PE office.

| Monday            | Tuesday                      | Wednesday                    | Thursday          | Friday  |
|-------------------|------------------------------|------------------------------|-------------------|---------|
| Staff Mtg.        | Sept 15                      | Sept 16                      | Sept 17           | Sept 18 |
| 3:15pm<br>9GV/JGV | 3:40pm<br>9GV/JGV            | 3:40pm<br>9GV/JBV            | 3:40pm<br>JBV/JGV |         |
| 5:00pm<br>JBV/SGV | 5:25pm/6:00p<br>m<br>SGV/SBV | 5:25pm/6:00p<br>m<br>SGV/SBV | 6:00pm<br>SBV     |         |

# CLUBS



# Clubs and Activities



HWSS offers many clubs and activities to get involved with. Meeting new people and doing something you enjoy will make a big difference in helping you enjoy your time at school!

Not sure what you might like?

- ✓ Attend a meeting to see the vibe, and talk to members!

## HWSS Club Application Form 2026-2027



# Clubs Day Tue Sep 22

If you are interested in joining a club, you will have the opportunity to sign-up at lunch in the Grand Hall. Clubs will have booths set up for you to visit.

**Want to run a club this year?**

Fill out an application using the QR code here. Email Ms. Bauder [ebauder@sd43.bc.ca](mailto:ebauder@sd43.bc.ca) if you have any questions.

# COMMUNITY





# MATH CIRCLES ENRICHMENT PROGRAM

**Explore math topics outside the school curriculum  
in a fun, supportive and low-pressure environment.**

Math Circles is ideal for students in grades 10–12 who are interested in exploring and discovering mathematics. No tests, no homework—just math for the love of it!



Register now.



## **Six-week program**

One session every week  
Thursdays, Oct. 8–Nov. 12  
4:30–6:30pm

Douglas College  
New Westminster Campus

Cost: \$20 (covers all six sessions)



# TEEN & ADULT *LEARN TO SKATE*



**REGISTRATION  
OPEN & ONGOING**



**LESSONS START  
SEPTEMBER 8**



***JOIN THE FUN!***



**CanSkate**

**INLETSKATINGCLUB.COM/REGISTRATION**

*inletskatingclub@gmail.com*

# CAREER CENTER

